


## VPM's B. N. Bandodkar College of Science (Autonomous), Thane

<b>Name of activity</b>	NutriVerse Competitions - NutriCanvas
<b>Objectives of the activity</b>	<ul style="list-style-type: none"> <li>To promote awareness about balanced nutrition and encourage participants to understand the importance of healthy eating habits.</li> <li>To provide a creative platform for students to express nutritional concepts through art</li> <li>To enhance knowledge of nutrients, food groups, and dietary guidelines in an engaging and interactive way.</li> </ul>
<b>Organizing department/s</b>	Department of Biochemistry
<b>Collaborative institute</b>	-
<b>Date</b>	03/09/2025
<b>Venue</b>	Room no.21
<b>Mode</b>	Offline
<b>Details of Resource Person/ Speaker (name, designation, institute)</b>	-
<b>Key Participants</b>	Students of B. N. Bandodkar College (Autonomous) Thane
<b>Remarkable outcomes / key takeaway messages</b>	-
<b>Details of Teachers participants</b>	M - 00 F - 04 T - 04
<b>Details of Student participants</b>	M- 1 F - 11 T - 12
<b>Outsiders</b>	-
<b>In-house</b>	M- 1 F - 11 T - 12
<b>Additional information</b>	-
<b>Name of Co-ordinator</b>	Ms. Sayali Daptardar
<b>Geotagged photo</b>	

# VPM's B. N. Bandodkar College of Science (Autonomous), Thane



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## Flyer/ Notice

**VPM's B. N. BANDODKAR COLLEGE OF SCIENCE (AUTONOMOUS), THANE(W)**

**DEPARTMENT OF BIOCHEMISTRY**

**JEEVIKA CLUB**

On the occasion of Nutrition week  
1st to 7th September, 2025

**ORGANIZES**

**NUTRIVERSE COMPETITIONS**

NUTRICANVAS	NUTRIREEL	NUTRIMEME
<b>TOPICS</b> 1. Superfood for superhealth 2. Nutrition to fight lifestyle diseases 3. Eat right, stay bright	<b>TOPICS</b> 1. The importance of hydration 2. Nutrition Myth-busting 3. Sustainable food choices	<b>TOPICS</b> 1. Diet goals vs. Reality 2. The morning after a cheat day 3. Nutrition facts vs. Reality
<b>RULES</b> • Time limit: 2 hours • A3 size paper will be provided. • Bring your own stationery	<b>RULES</b> • Maximum real time: 3 minutes • The content should revolve around the topic. • Mode of submission - online	<b>RULES</b> • One meme, per person. • The content should revolve around the topic. • Mode of submission - online
<b>DATE:</b> 3rd September, 2025 <b>TIME:</b> 11am to 1pm <b>VENUE:</b> Room no. 21	<b>Date of submission -</b> 2nd September, 2025 <b>TIME:</b> Till 5pm	<b>Date of submission -</b> 2nd September, 2025 <b>TIME:</b> Till 5pm

**Scan & register for each competition separately**  
 Winners will be awarded with exciting prizes on 4th September, 2025

**REGARDS**

Sayali Daptardar  
INCHARGE, BIOCHEMISTRY
Dr. Vinda Manjramkar  
I,C PRINCIPAL

## Attendance

VPM's B. N. Bandodkar College of Science (Autonomous), Thane  
**Attendance sheet**

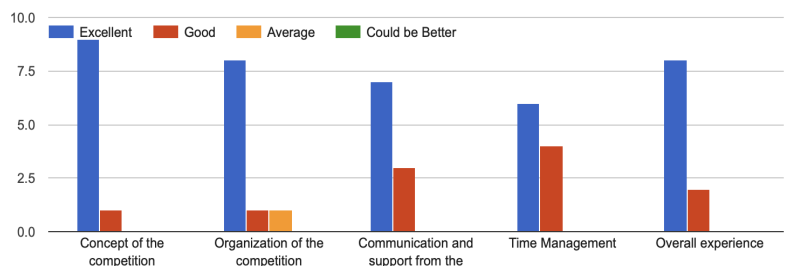
Name of the Activity: Nutri Canvas Date 03/09/2025

Sr. No.	Name	Class	Gender	Signature
1.	Priya mangesh Bhodawalkar	Fybsbiochem	F	<i>Priya Bhodawalkar</i>
2.	sneha nitthal Asawale	Fybt	F	<i>S. V. Asawale</i>
3.	ShaiKh Bushra Khalid	F-YBSc Biochem	F	<i>Bushra</i>
4.	Disha Kamal yadav	SyBSc Biochem	F	<i>Disha</i>
5.	Supriya yadav	SyBSc BCH	F	<i>Supriya</i>
6.	Priyat Narkar	FYBSc BT	F	<i>Priyat</i>
7.	Heba Alvi	SYBSc BC	F	<i>Heba</i>
8.	shruti chawan	SYBSc BC	F	<i>shruti</i>
9.	Annu madiwal	SYBSc BC	F	<i>Annu</i>
10.	Siddhi Parab	FYJC	F	<i>Siddhi</i>
11.	Soham Parui	FYJC	M	<i>Soham</i>
12.	Anamika Anil Nikam	FYBSC	F	<i>Anamika</i>

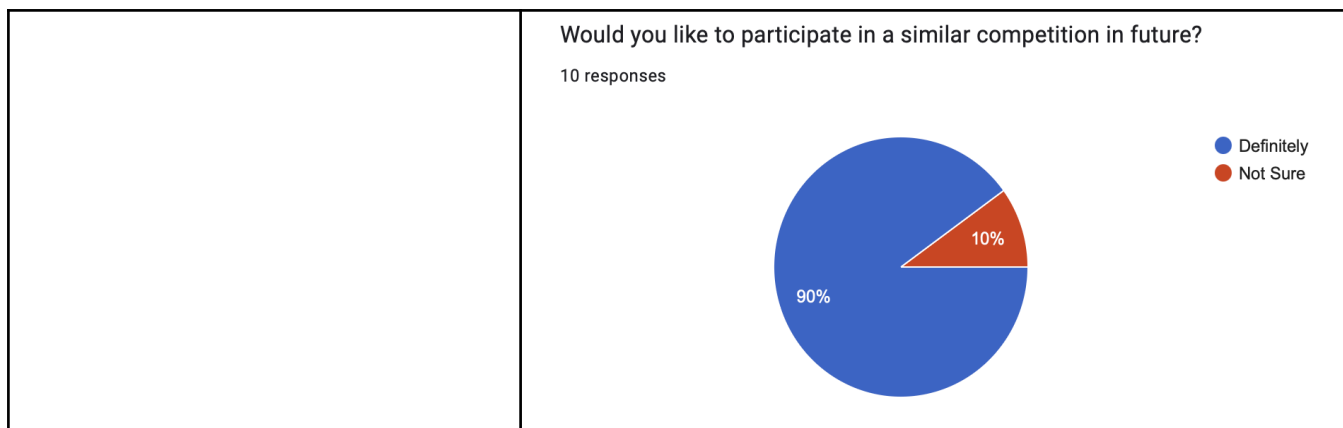
## Feedback analysis

How would you rate the overall event?

Copy chart



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