


VPM's B. N. Bandodkar College of Science (Autonomous), Thane

Name of activity	NUTRIBITES
Objectives of the activity (maximum 40 words)	<ul style="list-style-type: none"> • To encourage students to create innovative and nutritious recipes using diverse, healthy ingredients and techniques. • To promote awareness of balanced nutrition, sustainable ingredient selection, and healthy eating habits. • To create an opportunity for students to learn and practice principles of balanced nutrition and healthy eating through recipe development.
Organizing department/s	Department of Biochemistry
Collaborative institute	-
Date (DD / MM / YYYY)	04/09/2025
Venue	Biochemistry Lab
Mode (Online/Offline/ Hybrid)	Offline
Details of Resource Person/ Speaker (name, designation, institute)	-
Key Participants	All students of B N Bandodkar college of Science (Autonomous), Thane
Remarkable outcomes / key take away messages (max. three)	<ul style="list-style-type: none"> • Students acquired knowledge of the actual production and manufacturing operations carried out in the industry. • Students developed awareness of workplace ethics, discipline, and professional responsibilities in an industrial environment. • Students interacted with research institute professionals, building professional connections and gaining clear insight into career opportunities in specific industrial sectors.
Details of Teachers participants	M - 00 F - 06 T - 06
Details of Student participants	M - 02 F - 25 T - 27
Outsiders	M - 00 F - 01 T - 01
In-house	M - 02 F - 31 T - 33
Additional information	The competition was judged by Ms. Dr. Jyoti Vora an experienced nutrition consultant and functional food scientist along with college staff member Mrs. Purvi Shah whose expertise provided valuable insights.
Name of Co-ordinator	Ms. Sayali Daptardar
Geotagged photo	 <p style="font-size: small;">Thane, Maharashtra, India Building 6, Jnanadweepa, Chendani Bunder Road, Jambli Naka, Thane, Maharashtra 400601, India Lat 19.188618° Long 72.980017° 04/09/2025 09:46 AM GMT +05:30</p>

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Flyer/ Notice

VPM's B. N. BANDODKAR COLLEGE OF SCIENCE (AUTONOMOUS), THANE (W)

DEPARTMENT OF BIOCHEMISTRY
JEEVIKA CLUB
 On the occasion of nutrition week
 1st to 7th September, 2025
 Organizes

NUTRIBITES

- Registration fee Rs. 100/- (online).
- Open to all students of any stream.
- Individual entries or pair based entries.
- Recipes must be veg, innovative and healthy (Use of seasonal vegetables and foods will be appreciated).
- Maximum time for preparation is 120 minutes.
- Bring your own ingredients.
- Follow food safety guidelines.
- Expert Judge: Certified Functional Food Specialist.
- Certificate to all and Exciting Prizes to winners.
- Participants can sell their preparations on campus and earn profit!
- Limited entries are available.

4th September, 2025
8:30am Onwards

REGISTER HERE! **PAY HERE!**

REGARDS
 Sayali Daptardar
 Incharge, Biochemistry

REGARDS
 Dr. Vinda Manjramkar
 I/C Principal

Attendance

NUTRIBITES-Food Preparation Competition Registration Sheet				
Sr.No	Name with team members	Participants Code	Recipe Name	Sign
1	Glory Nashikar	NB01	Zoodles	<i>[Signature]</i>
2	Anjali Kamble (Cereal + Ghee) Shradha Sawant Anushka more (Cereal + Mixture)	NB02	Rolu Tikki	<i>[Signature]</i>
3	Swara Sawant Yashika Yenkure (Cereal + Mixture)	NB03	Magan corn Chikoo smoothie Chickpea salad	<i>[Signature]</i>
4	Disha Yadav Supriya Yadav (Cereal + Mixture)	NB04	Protein wrap	<i>[Signature]</i>
5	Shabnam Bujr Shaikh Yashwantrao Sangraj (Cereal + Mixture)	NB05	Dahi bhalla cake	<i>[Signature]</i>
6	Khan Manjaram Rajaz Bhushra qumshi (Cereal)	NB06	Panacot TRESA milk	<i>[Signature]</i>
7	Pak Nishankar Gauri Raut (Cereal)	NB07	Low Fat Raiti	<i>[Signature]</i>
8	Shabnam Bujr Santosh Ladd (Partners)	NB08	Deep fried veg fruit mixture	<i>[Signature]</i>
9	Maniyam Borkulsh Sayed Asheen Fatima (Cereal)	NB09	Pink Spaghetti	<i>[Signature]</i>
10	Rangooli Jalot Abhishek Jalot (Cereal)	NB10	rajma -chaat	<i>[Signature]</i>
11	Naina Jadhav Pranavrao More (Cereal + Mixture)	NB11	Custard casserole	<i>[Signature]</i>
12	Yash Dalvi Krunal Chavan (Cereal + Mixture)	NB12		<i>[Signature]</i>
13	Anushka Jaiswal Gauri Linge	NB13	Fruit Salad	<i>[Signature]</i>
14	Adika Chauraniya Vaidika Gaurkhand	NB14	Quinoa PCC Banana Shake	<i>[Signature]</i>

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Feedback analysis

How did you rate the competition organized by Biochemistry department?

