

## VPM's B.N. Bandodkar College of Science (Autonomous), Thane

<b>Name of activity</b>	Nutritional Rally (celebration of National Nutritional week) – Awareness of Malnutrition
<b>Objectives of the activity (maximum 40 words)</b>	<ul style="list-style-type: none"> <li>● To raise awareness about the importance of nutrition and its impact on health and well-being among the general public.</li> <li>● To address and inform about current nutritional challenges and public health issues like malnutrition, or diet-related chronic diseases.</li> <li>● To provide information about the fundamentals of nutrition, including the role of different nutrients and the importance of a balanced diet in prevention of malnutrition.</li> </ul>
<b>Organizing department/s</b>	Department of Biochemistry and National Service Scheme
<b>Collaborative institute</b>	-
<b>Date (DD / MM / YYYY )</b>	02/09/2024
<b>Venue</b>	Junior college of B N Bandodkar college of Science (Autonomous), Thane & Koliwada, Thane
<b>Mode (Online/Offline/ Hybrid)</b>	Offline
<b>Details of Resource Person/ Speaker (name, designation, institute)</b>	-
<b>Key Participants</b>	Biochemistry students and NSS volunteers.
<b>Remarkable outcomes / key take away messages (max. three)</b>	<ul style="list-style-type: none"> <li>● Increased public awareness about the causes, consequences and prevention of malnutrition, including both undernutrition and overnutrition.</li> <li>● Enhanced understanding among students and local people about the importance of nutrition, balanced diets and the impact of dietary choices on overall health.</li> <li>● Encouragement of healthier family meal planning and cooking practices as families learn to make nutritious choices together.</li> <li>● Greater understanding of the role and appropriate use of nutritional supplements</li> </ul>
<b>Details of Teachers participants</b>	M : 03    F: 03    T: 06

## VPM's B.N. Bandodkar College of Science (Autonomous), Thane

Details of Student participants	M : 05    F : 40    T : 45
Outsiders	00
In-house	49
Additional information	
Name of Co-ordinator	Ms. Sayali Daptardar
Geotagged photo	<div>  <p>Thane, Maharashtra, India 2, Chendani Bunder Road, Jambli Naka, Thane West, Thane, Maharashtra 400601, India Lat 19.188548° Long 72.980662° 02/09/24 02:34 PM GMT +05:30</p> </div> <div>  <p>Thane, Maharashtra, India A-2 WING, Chendani Bunder Road, Juhu Chandan Society, Jambli Naka, Thane West, Thane, Maharashtra 400601, India Lat 19.188332° Long 72.978798° 02/09/24 02:15 PM GMT +05:30</p> </div>
Flyer/ Notice	

# VPM's B.N. Bandodkar College of Science (Autonomous), Thane

## Attendance

VPM's B. N. Bandodkar College of Science (Autonomous), Thane  
Department of Biochemistry  
Attendance sheet

Name of the Activity: Nutrition Rally Date: 2/09/2024

Sr. No.	Name	Class	Gender	Signature
1.	Nibha Anwana	FYBSc Biochem	Female	<i>Nibha</i>
2.	Annu madiwal	FYBSc Biochem	Female	<i>Annu</i>
3.	Vaishnavi Nalla	FYBSc Chem	Female	<i>Vaishnavi</i>
4.	Yambika Gupta	FYBSc Botany	Female	<i>Yambika</i>
5.	Sadaf Khan	FYBSc Botany	Female	<i>Sadaf</i>
6.	Ashish Yadav	FYBSc Biochem	Male	<i>Ashish</i>
7.	Chetna Sharma	FYBSc Biochem	Female	<i>Chetna</i>
8.	Aliya Jawwad	FYBSc Biochem	Female	<i>Aliya</i>
9.	Anushka Kulkarni	FYBSc Biochem	Female	<i>Anushka</i>
10.	Poojati Patil	FYBSc Biochem	Female	<i>Poojati</i>
11.	Sorali Thorat	FYBSc Biochem	Female	<i>Sorali</i>
12.	Devshree Sakpal	FYBSc Biochem	Female	<i>Devshree</i>
13.	Shravani Parab	FYBSc Biochem	Female	<i>Shravani</i>
14.	Hema Aji	FYBSc Biochem	Female	<i>Hema</i>

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Name of the Activity: Nutrition Rally Date: 02/09/2024

Sr. No.	Name	Class	Gender	Signature
14.	Sonavi Bidwai	FY BSc	F	<i>Sonavi</i>
15.	Shufali Sawant	SY BCH	F	<i>Shufali</i>
16.	Kirti Nautiyal	SY BCH	F	<i>Kirti</i>
17.	Sonam Mishra	SY BCH	F	<i>Sonam</i>
18.	Shruti Patil	SY BCH	F	<i>Shruti</i>
19.	Shravani Jadhav	FY BSc	F	<i>Shravani</i>
20.	Veena Jadhav	FYBSc	F	<i>Veena</i>
21.	Vishakha Phadkar	FYBSc	F	<i>Vishakha</i>
22.	Neha Khan	SYBSc	F	<i>Neha</i>
23.	Disha Yadav	FYBSc	F	<i>Disha</i>
24.	Rishi Gabriel	FYBSc	F	<i>Rishi</i>
25.	Maanvi Khar	SYBSc	F	<i>Maanvi</i>
26.	Yambika Gupta	FYBSc	F	<i>Yambika</i>
27.	Shaziya Shaikh	SYBSc	F	<i>Shaziya</i>

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Name of the Activity: Nutrition Rally Date: 02/09/2024

Sr. No.	Name	Class	Gender	Signature
28.	Shruti Chawan	FYBSc	F	<i>Shruti</i>
29.	Kavya Mithankar	FYBSc	F	<i>Kavya</i>
30.	Sneha Shende	SYBSc	F	<i>Sneha</i>
31.	Dhanashree Ahire	FYBSc Biochem	F	<i>Dhanashree</i>
32.	Janhavi Yadav	SYBSc	F	<i>Janhavi</i>
33.	Yashvi Singh	SYBSc	F	<i>Yashvi</i>
34.	Nidha Desai	SYBSc	F	<i>Nidha</i>
35.	Pooja Parab	SYBSc	F	<i>Pooja</i>
36.	Saket Bramnik	SYBSc	M	<i>Saket</i>
37.	Pradnya Kulkarni	FYBSc	F	<i>Pradnya</i>
38.	Nishtha Desai	SYBSc Biochem	F	<i>Nishtha</i>
39.	Anshik Sharma	FYBSc Biochem	M	<i>Anshik</i>
40.	Vaishnavi Bhelare	FYBSc	F	<i>Vaishnavi</i>
41.	Shreyas Patil	FYBSc Biochem	F	<i>Shreyas</i>

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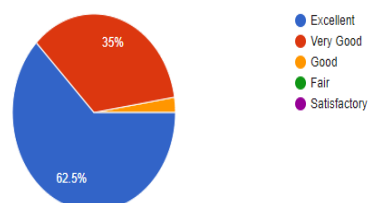
Name of the Activity: Nutrition Rally Date: 02/09/2024

Sr. No.	Name	Class	Gender	Signature
42.	Komal Shukla	SY BSc	F	<i>Komal</i>
43.	Kavik Shelar	SY BSc	M	<i>Kavik</i>
44.	Bhikash Pramonik	SYBSc	M	<i>Bhikash</i>
45.	Baksha Parab	SY BSc	F	<i>Baksha</i>

## Feedback analysis

Rate the usefulness and theme of the rally.

40 responses



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	Any suggestions/comments?
	40 responses
	No any suggestions
	no
	Noneee
	The rally was very well managed.
	Need more energy
	A good experience and we come to know the importance of nutritional food
	Good
	Great experience
	Message of the event was very good.

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