

VPM's B.N. Bandodkar College of Science (Autonomous), Thane

Name of activity	Nutritional Rally (celebration of National Nutritional week) – Awareness of Malnutrition
Objectives of the activity (maximum 40 words)	<ul style="list-style-type: none"> • To raise awareness about the importance of nutrition and its impact on health and well-being among the general public. • To address and inform about current nutritional challenges and public health issues like malnutrition, or diet-related chronic diseases. • To provide information about the fundamentals of nutrition, including the role of different nutrients and the importance of a balanced diet in prevention of malnutrition.
Organizing department/s	Department of Biochemistry and National Service Scheme
Collaborative institute	-
Date (DD / MM / YYYY)	02/09/2024
Venue	Junior college of B N Bandodkar college of Science (Autonomous), Thane & Koliwada, Thane
Mode (Online/Offline/ Hybrid)	Offline
Details of Resource Person/ Speaker (name, designation, institute)	-
Key Participants	Biochemistry students and NSS volunteers.
Remarkable outcomes / key take away messages (max. three)	<ul style="list-style-type: none"> • Increased public awareness about the causes, consequences and prevention of malnutrition, including both undernutrition and overnutrition. • Enhanced understanding among students and local people about the importance of nutrition, balanced diets and the impact of dietary choices on overall health. • Encouragement of healthier family meal planning and cooking practices as families learn to make nutritious choices together. • Greater understanding of the role and appropriate use of nutritional supplements
Details of Teachers participants	M : 03 F: 03 T: 06

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Details of Student participants	M : 05 F : 40 T : 45
Outsiders	00
In-house	49
Additional information	
Name of Co-ordinator	Ms. Sayali Daptardar
Geotagged photo	 
Flyer/ Notice	

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Attendance

VPM's B. N. Bandodkar College of Science (Autonomous), Thane Department of Biochemistry Attendance sheet				
Name of the Activity: Nutrition Rally				
Sr. No.	Name	Class	Gender	Signature
1.	Nisha Aswina	FYBSC Biochem	Female	Nisha
2.	Annu madival	FYBSC Biochem	Female	Annu
3.	Vaishnavi Nalla	FYBSC chem	Female	Vaishnavi
4.	Yambika Gupta	FYBSC Botany	Female	Yambika
5.	Sadaf Khan	FYBSC Botany	Female	Sadaf
6.	Aishish Yadav	FYBSC Biochem	Male	Aishish
7.	Chetna Sharma	TYBSC Biochem	Female	Chetna
8.	Alira Jawwad	TYBSC Biochem	Female	Alira
9.	Anushka Kulkarni	TYBSC Biochem	Female	Anushka
10.	Pragati Patre	TYBSC Biochem	Female	Pragati
11.	Sonali Thorat	TYBSC Biochem	Female	Sonali
12.	Devshri Sakpal	TYBSC Biochem	Female	Devshri
13.	Shravani Parab	TYBSC Biochem	Female	Shravani
14.	Heba Alvi	FYBSC Biochem	Female	Heba

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Name of the Activity: Nutrition Rally				
Sr. No.	Name	Class	Gender	Signature
14.	Sonavi Bidwai	FY BSC	F	Bidwai
15.	Shafali Sawant	SY BSC	F	Shafali
16.	Kriti Nautiyal	SY BSC	F	Kriti
17.	Sonam Mishra	SY BSC	F	Sonam
18.	Shweta Patel	SY BSC	I	Shweta
19.	Shravani Jadhav	FY BSC	F	Jadhav
20.	Veena Jadhav	FY BSC	F	V.Jadhav
21.	Vishakha Phadtare	FY BSC	F	Vishakha
22.	Neha Khan	SY BSC	F	N.Khan
23.	Disha Yadav	FY BSC	F	Disha
24.	Ronita Gurbaxi	FY BSC	F	Ronita
25.	Muskan Varvar	SY BSC	F	Muskan
26.	Yambika Gupta	FY BSC	F	Yambika
27.	Shaziya Shaikh	SY BSC	F	Shaziya

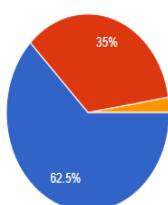
VPM's B. N. Bandodkar College of Science (Autonomous), Thane Department of Biochemistry Attendance sheet				
Name of the Activity: Nutrition Rally				
Sr. No.	Name	Class	Gender	Signature
28.	Shreya Chawhan	FYBSC	F	Shreya
29.	Kavya Mithlawkar	FYBSC	F	Kavya
30.	Sneha Shende	SYBSC	F	Sneha
31.	Dhanashree Ahire	FYBSC Biochem	F	Dhanashree
32.	Janhavi Yadav	SYBSC	F	Janhavi
33.	Yashvi Singh	SYBSC	F	Yashvi
34.	Nishtha Desai	SYBSC	F	Nishtha
35.	Puksha Parab	SYBSC	F	Puksha
36.	Saket Bhamankar	SYBSC SEM	M	Saket
37.	Pradnya Kulkarni	FYBSC BC	F	Pradnya
38.	Nishitha Desai	SYBSC Biochem	F	Nishitha
39.	Ansli K. Sharma	FYBSC Biochem	M	Ansli
40.	Vaishnavi Bhakare	FYBSC BC	F	Vaishnavi
41.	Shreya Patil	FYBSC Biochem	F	Shreya

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Name of the Activity: Nutrition Rally				
Sr. No.	Name	Class	Gender	Signature
42.	Komal Shukla	SY BSC	F	Komal
43.	Kriti Shukla	SY BSC	M	Kriti
44.	Baikat Promanik	SY BSC	M	Baikat
45.	Bekha Parab	SY BSC	F	Bekha

Feedback analysis

Rate the usefulness and theme of the rally.

40 responses



- Excellent
- Very Good
- Good
- Fair
- Satisfactory

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	Any suggestions/comments? 40 responses
	No any suggestions
	no
	Noneee
	The rally was very well managed.
	Need more energy
	A good experience and we come to know the importance of nutritional food
	Good
	Great experience
	Message of the event was very good.
