

Activity Report

Name of activity	Guest Lecture on “Morning Vs. Evening Exercise: Role of Diurnal Modulation of Skeletal Muscle Mitochondrial Functions” by Dr.Subhash Khatri.
Objectives of the activity (maximum 40 words)	The main objective of this lecture was to make students understand about his doctoral work covering exercise capacity, circadian biology, mitochondrial functions as well as glucose & amino acid metabolism.
Organizing department/s	Department of Biotechnology and Microbiology,
Collaborative institute	-
Date (DD/MM/YYYY)	4/02/2025
Venue	Patanjali Auditorium
Mode	Offline
Details of Resource person (name,	Dr.Subhash Khatri,Ph.D. from Tata Institute of Fundamental Research(TIFR)

designation institution)	
Key Participants	Students of F.Y.B.Sc, S.Y.B.Sc, T.Y.B.Sc Biotechnology and Microbiology department and faculty
Remarkable outcomes/ key take-away messages (max. three)	<ul style="list-style-type: none"> • The lecture made Students understand about quality research work. • Through the interaction with resource person the information on career opportunities in India was gained by the students. • Students built interest in research work.
Details of participants	8 participants + 9 faculty members
Total Number	127
Outsiders	
In-house	119 participants +9 faculty member
	faculty Members:9 students: 119 participants.
	Male: 14 Female: 105 others: 0

**Additional
Information**

Lecture held at Patanjali auditorium Thane. Students attended the lecture enthusiastically and also interacted with the guest lecturer. It helped them understand how the research is conducted and the challenges that can arise during the process. Dr. Subhash urged students to explore all opportunities offered by the department to make a wise career choice in future and to follow the Passion

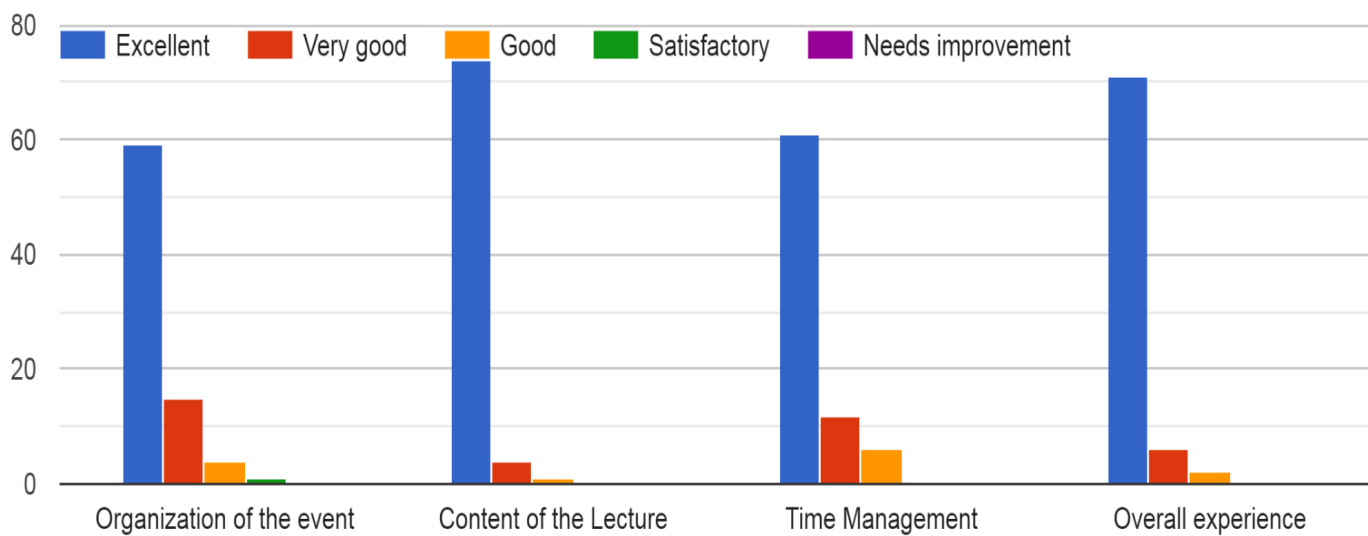
Two Geotagged photos:





Graphical representation of feed-back:

How did you like the Guest lecture? (Select any one among the five options)



Attendance:-

5) Guest Lecture on 'Morning Vs. Evening Exercise: Role of Diurnal Modulations of skeletal Muscle Mitochondrial Functions' by Dr. Subhash Khatri on 4th February 2025 at 10 am.

Sr.No.	Name of the student	Gender M/F	PRN	Class	Sign.
1	Sejal Vijay Wagh	F	2024420359	FYBIOTECH	<u>Sejal</u>
2	Dalvi Sara Hasim	F	2024420374	FYBIOTECH	<u>Dalvi</u>
3	Khot Falaknaaz A. Raut	F	2024420350	FYBIOTECH	<u>Khot</u>
4	Mirza Aliya Gufraan	F	2024420370	FYBIOTECH	<u>Mirza</u>
5	Hiba Gufraan Mamooni	F	2024420343	FY Biotech	<u>Hiba</u>
6	Sakshi Gaikwad	F	2024420360	FY Biotech	<u>Sakshi</u>
7	Runal Kailas Salvi	F	2024420355	FY. Biotech	<u>Runal</u>
8	Bhumi Thakur	F	2023420040	SY. BT	<u>Bhumi</u>
9	Dhanashree Bhise	F	2023420056	SY. BT	<u>Dhanashree</u>
10	LAVANYA PUJARI	F	2024420361	FY. BT	<u>Lavanya</u>
11	NISHIGANDHA D. MORE	F	2024420381	FYBT	<u>Nishigandha</u>
12	Aman Jangirkar	M	2024420376	FYBT	<u>Aman</u>
13	Shreya Lokhande	F	2024420365	FYBT	<u>Shreya</u>
14	Arya Ketkar	M	2024420363	FYBT	<u>Arya</u>
15	Mandar Shinde	M	2024420356	FYBT	<u>Mandar</u>
16	Shreya D. Tambe	F	2022420071	TYBT	<u>Shreya</u>
17	Shubhada K. Jangam	F	2022420401	TYMB	<u>Shubhada</u>
18	Vighneshwar B. Boga	M	2022420062	TYBT	<u>Vighneshwar</u>
19	Janhavi M. Gaikwad	F	2024420387	FYBT	<u>Janhavi</u>
20	Ananya Kaustubh Mujumdar	F	2024420345	FYBT	<u>Ananya</u>
21	Vaibhavi Anol Gore	F	2024420371	FYBT	<u>Vaibhavi</u>
22	Siddhi Kailas More	F	2024420375	FYBT	<u>Siddhi</u>
23	Sneha Ramesh Angol	F	2023420060	SYBT	<u>Sneha</u>
24	Anushika Yende	F	2023420208	SYBT	<u>Anushika</u>
25	Shrushti R. Pokale	F	2023420025	SYBT	<u>Shrushti</u>
26	Aanya D. Kharpade	F	2023420037	SYBT	<u>Aanya</u>
27	parham S. Azenkeri	M	2022420068	TYBT	<u>parham</u>
28	Soha P. Joshi	F	2022420140	TYMB	<u>Soha</u>
29	Vedant V. Nikam	M	2022420073	TYBT	<u>Vedant</u>
30	Nashiket D Lokhande	M	2022420389	TYBT	<u>Nashiket</u>
31	Ishita S. Shinde	F	2022420436	TYMB	<u>Ishita</u>
32	Bhargavi M. Patil	F	2022420136	TYMB	<u>Bhargavi</u>

Sr.No	Name of the student	Gender M/F	PRN	class	Sign
33	Buddhabhushan M. Mane	M -	2022420067	TY-BT	<u>Buddha</u>
34	Shaikh Farqa Vrooj	F	2022420341	FY BT	<u>Shaikh</u>
35	Kirti Arun Deshmukh	F	2022 ²² 420120	TY-MB	<u>Kirti</u>
36	Runali Arbi Patil	F	2022 ²² 420124	TY-MB	<u>Runali</u>
37	Janhvi Narvekar	F	2022 ²² 420300	TY-MB	<u>Janhvi</u>
38	Shravani Landge	F	2022 ²² 420126	TY-MB	<u>Shravani</u>
39	Anisha Magar	F	2022 ²² 420137	TY-MB	<u>Anisha</u>
40	Dhiraj Artar	M -	2022420122	TY-MB	<u>Dhiraj</u>
41	Omkar Chavan	M -	2022420392	TY-MB	<u>Omkar</u>
42	Pranjakta Pawar	F	2022420135	TY-MB	<u>Pranjakta</u>
43	Pratiksha Pawar	F	2022420132	TY-MB	<u>Pratiksha</u>
44	Sanskriti Kumbal	F	2022420390	TY-MB	<u>Sanskriti</u>
45	Sumi Kedar	F	2022420466	TY-MB	<u>Sumi</u>
46	Tejaswini Gangurde	F	2022420149	TY-MB	<u>Tejaswini</u>
47	Arushka Vishwakarma	F	2022420 ⁴³⁷	TY-MB	<u>Arushka</u>
48	Vedshree Chavan	F	2022420138	TY-MB	<u>Vedshree</u>
49	Poonali Shelke	F	2022420153	TY-MB	<u>Poonali</u>
50	Manasi Rane	F	2022420469	TY-MB	<u>Manasi</u>
51	Pradnya Gaikwad	F	2022420075	TY-BT	<u>Pradnya</u>
52	Mayuri Patil	F	2022420027	SY-BT	<u>Mayuri</u>
53	Mrunali N. Kumbale	F	2023420030	SY-BT	<u>Mrunali</u>
54	Prachi V. Padwal	F	2023420074	SY-BT	<u>Prachi</u>
55	VAIBHAVI S. MOHITE	F	2023420041	SY-BT	<u>Vaibhavi</u>
56	Choudhary Pooja Sujaram	F	2022420066	TY-BT	<u>Pooja</u>
57	Sakshi Kadam.	F	2023420061	SY-BT	<u>Sakshi</u>
58	Humera S. Shaikh	F	2023420023	SY-BT	<u>Humera</u>
59	Peepali Waghmare	F	2023420191	SY-BT	<u>Peepali</u>
60	Anuja Chandanshive	F	2023420047	SY-BT	<u>Anuja</u>
61	Sanskriti Zollikar	F	2023420055	SY-BT	<u>Sanskriti</u>
62	Ankit Mishra.	M -	2023420053	SY-BT	<u>Ankit</u>
63	Yash Mhatre	M -	2023420028	SY-BT	<u>Yash</u>
64	Arum Bhale Rao	M -	2023420029	SY-BT	<u>Arum</u>

Sr. No.	Name of the student	Gender M/F	PRN	Class	Sign
65	Akash Jotai	M	2024420397	FYBT	Akash
66	Khan Ayesha	F	2022420064	TYBT	Ayesha
67	Khan Zoya	F	2022420077	TYBT	Zoya
68	Annisha More	F	2022420461	TYBT	Annisha
69	Mrunal Lad	F	2022420499	TYBT	Mrunal
70	Heena Brubera	F	2023420122	SYBT	Heena
71	Ashlesha Haugude	F	2023420045	SYBT	Ashlesha
72	Jagruti Bhatt	F	2023420052	SYBT	Bhatt
73	Raksha Chavan	F	2023420031	SYBT	Raksha
74	Tanishka Khobrakar	F	2023420018	SYBT	Tanishka
75	Kasturi Bandishti	F	2023420071	SYBT	Kasturi
76	Aanya Patil	F	2023420054	SYBT	Aanya
77	Chandrama Gend	F	2024420367	FYBT	Chandrama
78	Eefa Khan	F	2024420353	FYBT	Eefa
79	Angana Kewat	F	2024420391	FYBT	Angana
80	Gohika Tiwale	F	2023420047	SYBT	Gohika
81	Shradha Palve	F	2023420051	SYBT	Shradha
82	Aakasha Londhe	F	2023420042	SYBT	Aakasha
83	Tammi Teravankar	F	2023420057	SYBT	Tammi
84	Pranjal Kinage	F	2024420373	FYBT	Pranjal
85	Dhanashri Chaudkar	F	2023420252	SYBT	Dhanashri
86	Priya S. Jadhav	F	2023420035	SYBT	Priya
87	Nikita T. Veer	F	2023420019	SYBT	Nikita
88	Radhika S. Sawal	F	2024420377	FYBT	Radhika
89	Deeksha S. Parai	F	2024420339	FYBT	Deeksha
90	Pina A. Desale	F	2024420316	FYBT	Pina
91	Priya Bhpke	F	2024420364	FYBT	Priya
92	Maithili Chindarkar	F	2024420380	FYBT	Maithili
93	Prachi Sanyas Kaula	F	2021420334	SYBT	Prachi
94	Swasti Sudhakar Pawar	F	2023420062	SYBT	Swasti
95	Apoorva D. Borkar	F	2023420068	SYBT	Apoorva
96	Bhumi A. Lokhande	F	2023420034	SYBT	Bhumi

Sr.No	Name of the student	Gender M/F	PRN	class	Sign
96	Abmita Anil Dongar	F	2023420073	SY Biotech	A.A. Dongar
97	Dimple Hasi Gupta	F	2022420441	SY BT	Dimple
98	ALISHA Arvind Dalvi	F	2024420357	FY BT	Alisha
99	Utkarsha Nitin Phangar	F	2024420358	FY BT	Utkarsha
100	Hetal Kailas Tamboli	F	2024420368	FY BT	Hetal
101	Kavya Sandip Venguslekar	F	2024420369	FY BT	Kavya
102	Shaikh Sgra	F	2022420069	TY BT	Shaikh
103	Sarkar Masumga	F	2022420058	TY BT	Masuma
104	Sruha S Rai	F	2022420066	TY BT	Sruha
105	Kimaya Palkar	F	2022420081	TY BT	Kimaya
106	ISHUSHI TIWARI	F	2022420063	TY BT	ISHUSHI
107	RACHIN SHEETY	F	2022420445	TY BT	Rachin
108	PRADMA M.	F	2022420048	TY BT	M. Pradma
109	Nikha Garkwad	F	2022420060	TY BT	Nikha
110	Sabiha Azmi	F	2023420099	SY BT	Sabiha
111	Zoya Kamal	F	2023420033	SY BT	Zoya
112	Penugonda Purnima Sadhashin	F	2023420210	SY MB	Purnima
113	Aparna Shukla	F	2023420154	SY MB	Aparna
114	Nischal Yadav	F	2023420140	SY MB	Nischal
115	Ria Gouda	F	2023420143	SY MB	Ria
116	Sayli Chavan	F	2024420388	FY BT	S.R. Chavan
117	Sanika Borse	F	2024420392	FY BT	Sanika
118	Rutuja Mayare	F	2024420393	FY BT	Rutuja

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Notice:

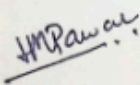
**VPM's B. N. Bandodkar College of Science (Autonomous), Thane
Department of Biotechnology and Microbiology**

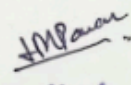
Notice

Department of Biotechnology and Microbiology has organized **Guest Lecture Titled 'Morning Vs. Evening Exercise: Role of Diurnal Modulations of Skeletal Muscle Mitochondrial Functions'** on Tuesday, 4th February 2025 at 10 am in Patanjali auditorium by Dr. Subhash Khatri, Ph.D. from Tata Institute of Fundamental Research (TIFR), Mumbai, and alumnus of the department 2017-18 batch.

During the session, Dr. Subhash would present his doctoral work covering exercise capacity, circadian biology, mitochondrial functions as well as glucose & amino acid metabolism. He would also **guide regarding career opportunities in India.**

Attendance is mandatory for all the students of Department of Biotechnology and Microbiology. The session is open for all teachers and students of other Departments.


Head
Department of Biotechnology
VPM's B.N. Bandodkar College of Science (Autonomous)
Thane (W)


for Head
Department of Microbiology
VPM's B.N. Bandodkar College of Science (Autonomous)
Thane (W)