VPM's B. N. Bandodkar College of Science (Autonomous), Thane

Activity Report: Total Health Check-up Camp for Teaching and Non-Teaching staff

Name of activity	Total Health Check-up Camp
Objectives of the activity (maximum 40 words)	To promote overall well-being and early detection of potential health issues. By providing comprehensive health screenings, the camp aims to encourage a proactive approach to health, reduce absenteeism due to health-related issues, and foster a healthier, more productive academic environment. This initiative also reflects the college's commitment to the welfare of its staff, recognizing that their health is integral to the institution's success.
Organizing department/s	NCC unit and Gymkhana Committee
Collaborative institute	Apollo Hospital
Date (DD / MM / YYYY)	12/09/2023 at 10:00am
Venue	Gymkhana Ground Floor, Bldg. No. 6
Mode	Offline
Details of Resource person (name, designation, institution)	Doctors and nursing staffs of the Apollo Hospital
Key Participants	All teaching and non-teaching staffs of the campus
Remarkable outcomes/ key take-away messages (max. three)	Early Issue Detection: Enabled timely treatment for health conditions. Health Awareness Boost: Highlighted the importance of regular check-ups. Enhanced Well-being: Improved staff morale and overall health. Reduced Absenteeism: Lessened health-related absences. Community Spirit: Strengthened college commitment to staff welfare.
Details of participants	
Total Number	120
Outsiders	31
In-house	89
Additional information	The Total Health Check-up Camp not only provided essential health screenings but also fostered a culture of health consciousness among the college staff. The initiative led to the early detection of health issues, allowing for timely interventions and improved overall well-being. Staff members became more aware of the importance of regular check-ups and preventive care, which in turn reduced absenteeism due to

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health problems. The camp also bolstered the morale and community spirit within the college, showcasing a genuine commitment to the welfare of both teaching and non-teaching staff. This holistic approach has had a lasting positive impact on the staff's health and productivity.

Name of Coordinator/ teacher in-charge: Prof. Dr. Vinda Manjarmkar (Principal), Dr. Bhalchandra Mandlekar, Capt. Bipin Dhumale (ANO)

Photos:













VPM's B. N. Bandodkar College of Science (Autonomous), Thane

Attendance Sheets

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33	DR	MOHAN GALANDI		*	MS	RUPARTS GAIKWAD	
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9	MRS.	D.D. LADHE	1300	28	MRS.	USHA D. BHAGAT	OBW.
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0	MR A S PARDHI		7
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8	MRS S.D. PIMPRI	A.	
9	MRS B K SURVAVANSHI	F 61	
10	MR V N. THORAT	1	
11	MRS V S MANL	900	
12	MRS NR THAKRE	1,000	
13	MS. ZUBEDA KHAN	1	
14	MR B.S. DHUMALL	3	
15	MRS B A DEORUKHKAR	369	
16	MS_RUPALI_V_VAZARKAR	P	
17	MR V K LOTE	G.S.	
18	MS D.V CHAVAN	(abril)	
19	MR S.G. NAGHARI	a	
20	MS AV PARAB	5	
21	MS. SHUBHANGI GITT		
22	MR. VIKAS DANDGE	VI Dandare	
23	MR SURESHAY THAKRE	1	
24	MRS KIRAN CHAUDHARI	ME.	
25	MR. Vinav Gosavi		
26	MRS. Pooja Vartak	PF	
27	MR Sanket Phalke	Dien	
28	MRS. Rupali Patil	Pernat 5	
-	Unaided staff		
20	MS. SARIYTA G. PANPATIL	V	
30	MS. NISHA VARTAK		
-	MRS. DEVYANI D. LADHE	Sale	
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32	MS. APARNA S. WAGHARE		
-33	MS SNEHAL KAMBLE		