

**Academic Council Meeting No. and Date : 8 / September 04, 2023**

**Agenda Number : 2**

**Resolution Number : 2.21 & 2.42**



**Vidya Prasarak Mandal's  
B. N. Bandodkar College of  
Science (Autonomous), Thane**



**Syllabus for  
Programme : Master of Science  
Specific Programme : Clinical Psychology**

**[M.Sc. Clinical Psychology]**

**Level 6.0**

**CHOICE BASED GRADING SYSTEM**

**Revised under NEP and Autonomy**

**From academic year 2023-24**

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# B. N. Bandodkar College of Science, (AUTONOMOUS)-Thane

## Master program in Clinical Psychology

Year (2 Yrs)	LEVEL	SEMESTER	Major				Research Methodology	On Job Training / Field project	Researc h project	Cum Credits	Degrees
			Mandatory		Electives anyone						
I	6.0	SEM-I	3*4 + 2 = 14		Credits 4		Credits 4	NA	NA	22	PG Diploma in Clinical Psychology (After 3 Yrs. degree UG)
			Course 1	Credits 4	Course 1= Credits 4						
			Course 2	Credits 4	OR						
			Course 3	Credits 4	Course 2 = Credits 4						
			Course 4	Credits 2							
		SEM-II	Course 1	Credits 4	Course 1 = Credits 4		NA	Credits 4	NA	22	
			Course 2	Credits 4	OR						
			Course 3	Credits 4	Course 2 = Credits 4						
			Course 4	Credits 2							
Cum Cr.for 1 Yr. PG Diploma			28		8		4	4		44	
II	6.5	SEM- III	Course 1	Credits 4	Course 1	Credits 4	NA	NA	Credits 4	22	Master program in Clinical psychology (After 3 Yrs. degree UG)
			Course 2	Credits 4	OR						
			Course 3	Credits 4	Course 2	Credits 4					
			Course 4	Credits 2							
		SEM IV	Course 1	Credits 4	Course 1	Credits 4	NA	NA	Credits 6	22	
			Course 2	Credits 4	OR						
			Course 3	Credits 4	Course 2	Credits 4					
		Cum Cr. for integrated 1 Yr. PG Degree				26	8				
Cum Cr. for 2 Yr. PG Degree				44	16		4	4	10	88	

# Preamble

The Clinical Psychology Syllabus for M.Sc. Degree covers two academic years consisting of four semesters. The present curriculum of M.Sc-I Sem I and Sem II is prepared to furnish sound knowledge and skill in clinical psychology to get employability to the postgraduate students. The goal of the syllabus is to equipping the students for potential contribution to academic and clinical setups. The syllabus has been prepared in the view of NEP2020 framework in a participatory manner in the Board of studies, after discussions with the subject expertise with social and clinical approach and after referring the existing syllabi. Sufficient emphasis is given in the Mandatory subject, Electives subject and Research Methodology syllabus. For Electives subject, choice based is given among two elective subjects. In practical session, training in psychological experiments, testing, case studies, internship etc. is focused on. A list of reference books is provided at the end of the Curriculum.

## Specific Programme outcome:

- To gain deeper understanding of research methodologies, statistics used in psychology.
- To make students acquainted with cognitive psychology.
- To help students understand the how religion affects psychology or vice versa.
- To make students acquainted with social aspects of human behavior and mental disorders.
- To gain knowledge of how the field of psychology as well as the psyche of human race evolved over the years.
- To make students acquainted with the upcoming field like positive psychology and its applications in psychotherapy.
- To get practical knowledge of various counseling skills and get hands-on experience.

**BoS Chairperson: Prof. Vinda Manjramkar**

<b>Sr. No.</b>	<b>Heading</b>	<b>Particulars</b>
<b>1</b>	<b>Title of Course Specific Programme</b>	<b>M.Sc. Clinical Psychology Semester I and II</b>
<b>2</b>	<b>Eligibility for Admission</b>	Any B.Sc. or B.A. from other recognized university as per relevant ordinance.
<b>3</b>	<b>Passing marks</b>	40%
<b>4</b>	<b>No. of Years/Semesters</b>	<b>One year/Two semester</b>
<b>5</b>	<b>Level</b>	<b>6.0</b>
<b>6</b>	<b>Pattern</b>	<b>Semester</b>
<b>7</b>	<b>Credits</b>	<b>22</b>
<b>8</b>	<b>Status</b>	<b>Revised</b>
<b>9</b>	<b>To be implemented from Academic year</b>	<b>2023-2024</b>
	<ul style="list-style-type: none"> <li>• Cum cr. For integrated 1 Yr. PG degree (After 4 yrs. UG degree)</li> <li>• PG Diploma in Clinical Psychology (After 3 Yrs. degree UG)</li> <li>• Master program in Clinical psychology (After 3 Yrs. degree UG)</li> </ul>	

## Pedagogy

M.Sc. being the post-graduation programme, is crucial in building the base for the professional development of students. This helps students in developing deeper interest and knowledge about the specialization chosen by them. The syllabus has been designed by committee and faculties of Clinical Psychology under the department of Human Science. The course covers papers which would develop students holistically and they will have broader understanding of the field of clinical psychology. Along with the psychopathology and psychotherapies students are also introduced to papers such as religion psychology, counseling skills, evolutionary psychology which would broaden their thinking and aid in the practice as a clinician. The teaching methods will be an amalgamation of traditional board & chalk, lecture, discussions, case studies, movie analysis, and field trips. For various topics guest talks or expert lectures will be arranged to enhance the learning experience. Visits to mental hospitals, NGOs working in the mental health area, special schools will be arranged to give the real picture of the work life for students. The two years M.Sc. programme will prepare students to enter into the field with confidence and adequate knowledge base. Internal assessment is also an essential component of evaluation of the students. It engages students in a continuous learning process. Teachers also get to know their students' knowledge both in theory and practical. It will help to improve their subject understanding and comprehensive ability of the subject. Internal assessment will include project work/field studies, reports of excursion/conferences attended, quiz, movie analysis, doing open learning courses, peer-to-peer learning, and volunteering by students.

**BoS Chairperson: Prof. Vinda Manjramkar**

**Assessment: Weightage for assessments (in percentage)**

Type of Course	Formative Assessment / IA	Summative Assessment
Theory	40 %	60 %
Practical	-	100 %
Project	-	100%
Experimental learning	-	100 %
Internship	-	100 %

**Credit Distribution Structure**  
**VPM's B.N. Bandodkar College of Science (Autonomous), Thane**  
**M.Sc.-I (Level 6.0) Clinical Psychology**  
**Structure of Programme**

	<b>Semester I</b>		
<b>Course Code</b>	<b>Core Papers</b>	<b>No. of Lectures</b>	<b>Credits</b>
23BPCP1T1	Cognitive Psychology	<b>60</b>	<b>4</b>
23BPCP1T2	Statistical method for Psychological Research	<b>60</b>	<b>4</b>
23BPCP1P1	Practical – experiment /test designing based on cognitive psychology	<b>120</b>	<b>4</b>
23BPCP1T3	Evolutionary Psychology	<b>30</b>	<b>2</b>
	<b>Elective Papers</b>		
23BPCP1T4	Religion Psychology	<b>60</b>	<b>4</b>
23BPCP1T5	Introduction to Parapsychology	<b>60</b>	<b>4</b>
23BPRM1T6	Research Methodology	<b>60</b>	<b>4</b>
	<b>Total</b>	<b>450</b>	<b>22</b>
	<b>Semester II</b>		
<b>Course Code</b>	<b>Core Papers</b>	<b>No. of Lectures</b>	<b>Credits</b>
23BPCP2T1	Neuropsychology	<b>60</b>	<b>4</b>
23BPCP2T2	Positive Psychology	<b>60</b>	<b>4</b>
23BPCP2P1	Practical – experiment designing/psychometric test based on Social psychology	<b>120</b>	<b>4</b>
23BPCP2T3	Social Psychology	<b>30</b>	<b>2</b>
	<b>Elective Papers</b>		
23BPCP2T4	Basic Counselling skills	<b>60</b>	<b>4</b>
23BPCP2T5	Psychology of gender	<b>60</b>	<b>4</b>
23BPCP2P2	OJT/FP	<b>120</b>	<b>4</b>
	<b>Total</b>	<b>510</b>	<b>22</b>

# **Semester I**



Course Code 23BPCP1T1	Course Title Cognitive Psychology	Credits 4	No. of lectures
<b><u>Programme Specific Outcome</u></b> 1. The students will be acquainted with cognitive psychology topics like learning and memory, language development, and perceptual processes. Students will also be introduced to the various effects or consequences of poor functioning of various cognitive processes in human beings. .			
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>To make students aware about the recent researches in the field of cognitive psychology</li> <li>To understand various aspects of cognitive processes</li> <li>Understanding how cognition develops throughout the lifespan</li> </ul>			
<b>Unit I :</b>	<b>Brief history and current issues in cognitive psychology:</b> Origin of Cognitive Psychology, Early researches, early fields, Emergence of Modern Cognitive Psychology, Problems in cognitive Neuroscience, and Artificial Intelligence	<b>20</b>	
<b>Unit II :</b>	<b>Perceptual Processes: Visual, Auditory Recognition, Attention and Consciousness:</b> Background on Visual Object Recognition, Top- Down Processing and Visual Object Recognition, Face Perception, Types of Attention Processes	<b>20</b>	
<b>Unit III :</b>	<b>Language:</b> Language Comprehension, Language Production and Bilingualism, A Caution: Psycholinguistics Is English, Background on the Structure of Language, Basic Reading Processes, Background, Advantages and individual differences of Bilingualism <b>Cognitive Development Throughout the Lifespan:</b> The Lifespan Development of Memory, The Lifespan Development of Metamemory, The Development of Language, Language in children	<b>20</b>	

## Reference Books

1. Hunts and Ellis (2006) Fundamentals of cognitive psychology. Tata McGrawHill
2. Kellog R. (2012). Fundamentals of Cognitive Psychology. Sage publications.
3. Matlin, M. W. (2008). *Cognition* (7th Ed.). CA: John Wiley & Sons.
4. Solso R.L (2006) Cognitive psychology. Pearson education
5. Sternberg, R. J., Sternberg, K. (2012). *Cognitive psychology* (6th Ed.). USA: Wadsworth, Cengage Learning.

Course Code 23BPCP1T2	Course Title Statistical methods for psychological research	Credits	No. of lectures
<b><u>Programme Specific Outcomes</u></b>  2. Students will have deeper understanding of statistics used in psychology. Learning about statistical methods will help students in conducting research and doing analysis for their data.			
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>To introduce students with various statistical methods used in psychology.</li> <li>To interpret statistical models such as formulas, graphs, and tables, and drawing references from them.</li> <li>To use appropriate technology for statistical analyses during research work.</li> </ul>			
<b>Unit I :</b>	<b>Probability, Statistical inference, Description of data :</b> Methodology, Variables and Measurement Probability, Hypothesis Testing	<b>20</b>	
<b>Unit II :</b>	<b>Comparing means: t-test, ANOVA:</b> Theoretical models, Examples, and Calculation of sums, Connection with real life situations <b>Normal Distribution, Correlation, Regression analysis:</b> Theoretical model, Examples, and Calculation of sums, Connection with real life situations	<b>20</b>	
<b>Unit III :</b>	<b>Non-Parametric Methods, Factor Analysis, Structure Equation Model,</b> Theoretical model, Examples, and applications in real life situations	<b>20</b>	

#### Reference Books

1. Beins B. and McCarthy M. Methods and Statistics in Psychology. Cambridge University Press
2. Mangal S. Statistics in Psychology and Education. PHI Learning Private Limited
3. Howell D. Statistical Methods for Psychology. Wadsworth Cenage Learning
4. King, B. M., & Minium, E. M. (2003). *Statistical reasoning in psychology and education* (4th ed.). New Jersey: John Wiley & Sons, Inc.
5. Siegel, S. (1956). *Non-parametric statistics for behavioral sciences*. New York: McGraw Hill.

<b>Course Code</b> <b>23BPCP1P1</b>	<b>Course Title</b> <b>Practical Course I</b>	<b>Credits</b> <b>4</b>	<b>No. of lectures</b> <b>120</b>
<ul style="list-style-type: none"> <li>Experiment conducting and designing based on Cognitive Processes</li> </ul>			

Course Code 23BPCP1T3	Course Title Evolutionary Psychology	Credits 2	No. of lectures
<b><u>Programme Specific Outcomes</u></b>  3. Students will get introduced to scientific movements of evolutionary psychology, they will learn about parenting, kinship, mating strategies, partner selection etc. Knowledge about these from evolutionary aspect will help them i=understand cause of various motivations, behaviours of individuals at present.			
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>• Understand the origin of human behavior</li> <li>• Shaping of human behavior from ancient times</li> <li>• How principles of evolution can explain the psychological behavior</li> <li>• Understanding the evolutionary explanations for psychological problems</li> </ul>			
Unit I :	<b>Introduction to Evolutionary Psychology:</b> Scientific movements of evolutionary psychology, The new science of evolutionary psychology, Darwin's theory, Common Misunderstanding, Combating the hostile forces to nature	15	
Unit II :	<b>Mating Strategies :</b> Theoretical background, Preferences, Psychological evidence on Men's long-term mating strategies, Women's long-term mating strategies, Short-term sexual strategies <b>Problems on the parenting, Kinship and Alliances :</b> Theoretical background, Alternative explanations, individual differences, Psychological evidence Problems of parenting, Problems of kinship, Cooperative alliances	15	

### Reference Books

1. Buss D. Evolutionary Psychology. The New Science of the Mind. 5<sup>th</sup> Edt. Routledge Taylor Francis Group
2. Barkow J.H., Cosmides, L., & Tooby J.(1992).(eds.) The Adapted Mind:Evolutionary Psychology and the generation of culture. Oxford, Oxford University Press
3. Ray W. Evolutionary Psychology. Neuroscience perspectives concerning Human behavior and experience. Sage
4. Symons, D. (1979). The Evolution of Human Sexuality. New York: Oxford University Press.
5. Workman L. and Reader W. Evolutionary Psychology. An Introduction. Cambridge University Press

Course Code 23BPRM1T6	Course Title Research Methodology	Credits 4	No. of lectures
<b><u>Programme Specific Outcomes</u></b> <b>4.</b> Students will gain in-depth knowledge of various research methodologies like quantitative, qualitative research, experimental, quasi-experimental, descriptive etc. Students will be ready to write a research report and research paper.			
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>To introduce various research methodology to the students</li> <li>To understand the limitations and advantages of various methods and strategies in research</li> <li>To understand the ethical considerations in psychological research</li> </ul>			
<b>Unit I:</b>	<b>General Issues</b> – Introduction, The Scientific Method, Ethical Issues in the Conduct of Psychological Research <b>Descriptive Methods</b> – Observation, Survey Research General Statistical Concepts and Terminology	<b>20</b>	
<b>Unit II:</b>	<b>Experimental Methods</b> - Independent Groups Designs, Repeated Measures Designs, Complex Designs, sample size determination	<b>20</b>	
<b>Unit III:</b>	<b>Analyzing and Reporting Research :</b> Organize, summarize, interpret the information, Quantitative data involving descriptive data, survey data and observational data	<b>20</b>	

### Reference Books

1. Kumar R. Research Methodology. A step by step guide for beginners. Sage
2. Kothari C. Research Methodology. Methods and Techniques. New Age international (P) Limited
3. Kerlinger, F. N. (1973). Foundations of behavioral research. USA: Holt, Rinehart & Winston.
4. Charmaz, K. (2006). *Constructing grounded theory: A practical guide through qualitative analysis*. Thousand Oaks, CA: Sage.

### Elective Paper

#### Optional paper 1

Course Code	Course Title	Credits	No. of lectures
23BPCP1T4	Religion Psychology	4	
<b><u>Programme Specific Outcomes</u></b>			
5. To help students understand how religion affects psychology or vice versa. Religion psychology will broaden the thinking and knowledge about various practices in different religions and their consequences on mental health.			
<b>Course Outcomes:</b> <ul style="list-style-type: none"><li>• To expose the student to a survey of the field of psychology of religion</li><li>• To give the student exposure to how religion affects physical and mental health.</li><li>• To allow the student to conduct an evaluation of worship places using social psychological techniques</li><li>• To allow the student to research a specific topic in the field of psychology of religion</li></ul>			
<b>Unit I :</b>	<b>The Psychological Nature and Functions of Religion</b> The Why, What, and How of the Psychology of Religion What Is Religion? The Need for Meaning as a Framework for the Psychology of Religion	<b>20</b>	
<b>Unit II :</b>	<b>Religion, Health, Psychopathology, and Coping</b> The Religion–Health Connection Religion and Psychopathology Religion and Coping	<b>20</b>	
<b>Unit III :</b>	<b>Religion and Biology</b> The Psychobiology of Religion Early Theories of the Origins of Religion Contemporary Psychobiological Thinking and Research Religion, Spirituality, and the Brain	<b>20</b>	

#### Reference Books

1. Hood R., Hill P., Spilka B. Psychology of Religion. An Empirical Approach 4<sup>th</sup> Edt. The Guilford Press
2. Johansen T. Religion and Spirituality in Psychotherapy – An Individual Psychology Perspective. Springer Publishing Company.
3. Starbuck E., James W. The Psychology of Religion: An Empirical Study of the Growth of Religious Consciousness. C. Scribner's sons
4. Encyclopedia of psychology and religion DOI <https://doi.org/10.1007/978-3-642-27771-9> Springer
5. Pargament K. The Psychology of Religion and Coping Theory, Research, Practice (2001) ISBN 9781572306646

## Optional paper 2

Course Code	Course Title	Credits	No. of lectures
<b>23BPCP1T5</b>	<b>Introduction to Parapsychology</b>	<b>4</b>	
<b>Programme Specific Outcomes</b> <b>5.</b> Students will get knowledge about an additional field of parapsychology, they will learn various research societies working in the areas of o=paranormal activities, they will learn about psi training, reincarnation, time travel etc,			
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>To acquaint students with the field of parapsychology</li> <li>To generate an understanding of the growth and development of the subject.</li> <li>To gain theoretical understanding of lab studies in parapsychology.</li> </ul>			
<b>Unit I :</b>	<b>Early research in Parapsychology</b> Investigations by royal commissions into claims of Mesmer and others. Psychical research; Founding of Psychical Research Societies in England, America and Europe. Early work on Psi capacities and apparitions. Early work on mediumship.	<b>20</b>	
<b>Unit II :</b>	<b>Various parapsychological phenomena</b> Methods used for the study of reincarnation cases. Study of apparitions. Development of psi capacities: psi conduction, psi training. UFO studies, Kirlian photography and other miscellaneous psi phenomena like time travel. Aliens, witchcraft, possession, mediumship, occultism, etc.	<b>20</b>	
<b>Unit III:</b>	<b>Lab experimentation in parapsychology</b> Lab experimentation in ESP and PK. Zener Cards, remote viewing experiments. Dice throwing experiments Statistical evaluation of test results.	<b>20</b>	

### Reference Books

- Auerbach, L. (1993). Reincarnation, channeling and possession: A parapsychologist's handbook. New York: Warner Books.
- Auerbach, L. (1999). Psychic dreaming: A parapsychologist's handbook. Barnes & Noble Books. Place of publication is missing
- Flexner, W. (2007). Introduction to parapsychology. New Delhi: Sarup books.
- Rao, K. R. (1966). Experimental parapsychology: A review and interpretation. Springfield, IL: Charles C. Thomas.
- Rao, K. R. (1984). The basic experiments in parapsychology. Jefferson, N.C.: McFarland.
- Hoyt, L. E. et al. (1987). Foundations of parapsychology. Boston: Routledge & Kegan Paul.
- Henry, J. (Ed.) (2005). Parapsychology: Research on exceptional experiences. New York: Routledge.

# **Semester II**



## Core Papers

Course code 23BPCP2T1	Course title Neuropsychology	Credits 4	No. of lectures
<b>Programme Specific Outcomes</b> 7. After learning this paper students will have knowledge about neurological assessments, various method of neurological imaging, structure and function of brain with respect to psychological behaviours. They will also be acquainted with neurological disorders involving psychological damages.			
<b>Course outcomes --</b> <ul style="list-style-type: none"> <li>• Work on the methods of neurological assessment</li> <li>• Evaluating the Association between the biology and the human behaviour</li> <li>• Associate neuroscience with the psychological problems</li> <li>• Analyze role of Neural functioning in social and cognitive processes</li> </ul>			
<b>Unit</b>	<b>Introduction to the Study of Brain &amp; Neurological Assessment and Diagnosis:</b> History, methods of investigating the brain, neurological assessment and diagnosis, Brain and Antiquity, Localization Theories Modern Neuropsychology and research areas in the field, Interpretations, Study of imaging and scanning of brain in various disorders and illnesses.	<b>20</b>	
<b>Unit 2</b>	<b>Structure and Function of the Brain:</b> Cells of thoughts– Amygdala effect, Neural Communication, Nervous system, Division of brain, Gross Anatomy, Emotions and Social Brain, Study of Neurotransmitters: synthesis, functions and mode of actions, Medical interventions.	<b>20</b>	
<b>Unit 3</b>	<b>Neurological disorders:</b> Cerebrovascular disorders, Sleep disorders, Epilepsy, Brain damage disorders, Psychosurgery & Motor disorders- Hyperkinetic Disorders, Dementia	<b>20</b>	

### Reference books

1. Kold B., Wishaw I. (2015). Fundamentals of Human Neuropsychology. 7th edition. . NewYork: Worth Publishers.
2. Pinel J, Barnes. S. (2017). Biopsychology. 10th Global Edition. Pearson.
3. Zilmer, Spiers, Culbertson. (2007). Principles of Neuropsychology. 2nd edition. ThomsonWadsworth
4. Carlson, N. R. (2012). Foundations of physiological psychology. (Sixth Edition). Delhi: Pearson Education.

Course Code <b>23BPCP2T2</b>	Course Title <b>Positive Psychology</b>	Credits <b>4</b>	No. of lecture s
<b>Programme Specific Outcomes</b> 8. After learning this paper students will get knowledge about the upcoming field of positive psychology, various goals and concepts of positive psychology and their applications in improvement of mental health of being.			
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>Understanding the origin and the emergence of the new psychological field</li> <li>Identify the basic premises of Positive Psychology</li> <li>Understand the dimensions of optimal, happy life and ways to achieve it.</li> </ul>			
Unit I :	<b>Introduction and history of positive psychology:</b> Traditional psychology, Emergence, Assumptions and the focus of the field of positive psychology, Power of beliefs <b>The social construction of Self-Esteem:</b> Various theories and researches on Self Esteem, Concept of Flow, Positive Emotions and well-being. Theory of positive emotions	<b>20</b>	
Unit II :	<b>The role of personal control in Adaptive Functioning:</b> Various theories and researched on Optimism, Wellbeing and mindfulness, Practical implications: mindfulness in therapies	<b>20</b>	
Unit III :	<b>Empathy and altruism, How we become moral:</b> the sources of moral motivation, Theories and researches on Moral development and behavior.	<b>20</b>	

### Reference books

1. Baumgardner S., Crothers M.. Positive Psychology. Pearson
2. Carr A. Positive Psychology. The Science of Happiness and Human Strengths. Routledge
3. Mace C. Mindfulness and Mental Health. Therapy, Theory and Science. Routledge
4. Snyder C. and Lopez S. The Oxford Handbook of Positive Psychology. Oxford University Press

<b>Course Code</b> <b>23BPCP2P1</b>	<b>Course Title</b> <b>Practical Course</b> <b>II</b>	<b>Credits</b> <b>4</b>	<b>No. of lectures</b> <b>120</b>
<ul style="list-style-type: none"> <li>Experiment or test conducting and designing based on social Psychology</li> </ul>			

Course Code <b>23BPCP2T3</b>	Course Title <b>Social Psychology</b>	Credits <b>2</b>	No. of lectures
<b><u>Programme Specific Outcomes</u></b> 9. This course will lead to student's knowledge about society's influence on human learning and behavior and vice versa, they will also learn socio-psychological approaches to treatment of psychological disorders.			
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>• Understand of social behavior from scientific perspective</li> <li>• To make the students aware of the classic and recent researches in the field of social psychology</li> <li>• Understanding to apply theories of social behavior in real life and in clinical setting</li> </ul>			
<b>Unit I :</b>	<b>Biological System</b> - Evolutionary Theory for Social and Cultural Psychology, Visceral and Somatic Indexes of Social Psychological Constructs, Social Cognitive Neuroscience	<b>15</b>	
<b>Unit II :</b>	<b>Social Psychology in the Clinic-</b> What Influences the Accuracy of Clinical judgements. Cognitive processes accompanying behavior problems. Social-psychological approaches to treatment	<b>15</b>	

### Reference books

1. Aronson E., Wilson T., Akert R. Social Psychology. 7th ed. Prentice Hall, Pearson
2. Baron, R. A., Byrne, D., & Bhardwaj, G. (2010). Social psychology (12th Ed.). New Delhi, India: Pearson.
3. Durkin, K. (1995). Developmental Social Psychology: From Infancy to Old Age. MA: Blackwell Publishing
4. Myers D. Social Psychology. 10<sup>th</sup> ed. Mc Graw Hill
5. Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social psychology (12th Ed.). New Delhi, India: Pearson.

## Elective Paper

### Optional Paper 1

Course Code	Course Title	Credits	No. of lectures
23BPCP2T4	Basic Counseling Skills	4	
<b><u>Programme Specific Outcome</u></b>			
10. This paper will help students learn practical aspects or clinical applications of counseling skills. They will learn counseling skills required to develop therapeutic relationship. Students will be skilled in writing and making a client report after this course.			
<b>Course Outcomes:</b> <ul style="list-style-type: none"><li>• Upon completion of this course, students will acquire knowledge about various counseling skills</li><li>• Students will learn different counseling models and their applications</li><li>• □□□ understand various characteristics and role of a counsellor</li></ul>			
<b>Unit I :</b>	<b>Counselling skills:</b> basic building blocks of embedded practice The emergence of a skills perspective The experience of learning and using skills Counselling skills models Types of Counseling	<b>20</b>	
<b>Unit II :</b>	<b>Profile of a counselor</b> An A–Z of counselling skills Using theory to develop a broader perspective on how skills fit together Making a Report	<b>20</b>	
<b>Unit III</b>	<b>Practice &amp;Implementation</b> Case studies, role plays	<b>20</b>	

### Reference Books

1. McLeod J. & McLeod J. Counselling Skills: A Practical guide for counseling and helping professionals. 6<sup>th</sup> Edt. Mc Graw Hill. Open University Press
2. Lowenstein L. Favorite Therapeutic Activities for Children and Teens: Practitioners share their most effective interventions. Edited. Champion Press
3. Corey G. Theory and Practice of Counselling and Psychotherapy. 9<sup>th</sup> edt. Brooks/Cole Cengage learning
4. Sriram, S. (2015). *Counselling in India*. New Delhi, India: Springer.

## Optional Paper 2

Course Code	Course Title	Credits	No. of lectures
23BPCP2T5	Psychology of gender	4	
<b><u>Programme Specific Outcome</u></b> 11. The completion of this course will lead to students' understanding about masculinity-femininity as personality traits, development and sustainability of attitudes towards LGBTQ people, they will get scientific understanding gender roles present globally.			
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>Understand and explain different theories of how gender roles are formed.</li> <li>To acquaint students with sex differences in intelligence, attitudes, health</li> <li>To understand the role of sex in physical and mental health</li> </ul>			
<b>Unit I :</b>	<b>Introduction &amp; History of the Psychology of Gender</b> Sex Differences in Intelligence, Masculinity-Femininity as a Global Personality Trait Sex Typing and Androgyny Gender role as a Social Category Psychology of gender-status in India	<b>20</b>	
<b>Unit II :</b>	<b>Gender role attitudes</b> Attitudes toward men's and women's roles Sexism; traditional v/s modern sexism. Hostile v/s benevolent sexism. Sexism towards men. Attitudes towards lesbians, gay, bisexual, transgendered persons.	<b>20</b>	
<b>Unit III:</b>	<b>Sex differences in health</b> Sex differences in mortality, morbidity Explanations for sex differences in health Sex differences in mental health	<b>20</b>	

### Reference Books:

- Helgeson V. (2015) The Psychology of Gender. 4<sup>th</sup> Edt. Taylor & Francis
- Aronson E., Wilson T., Akert R. Social Psychology. 7th edt. Prentice Hall, Pearson
- Moane G.(2010). Gender and Colonialism A Psychological Analysis of Oppression and Liberation. Palgrave Macmillan UK
- Buss D. Evolutionary Psychology. The New Science of the Mind. 5<sup>th</sup> Edt. Routledge Taylor Francis Group

Course Code	Course Title	Credits	No. of hours
23BPCP2P2	OJT/FP	4	
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>• Students will get hands-on experience of dealing with clients</li> <li>• Students will get acquainted with on field working</li> <li>• To learn practical skills required for handling clients</li> </ul>			
<ul style="list-style-type: none"> <li>▪ Students are required to do compulsory internship at any of the following places; <ul style="list-style-type: none"> <li>○ Mental Hospitals</li> <li>○ Healthcare centers</li> <li>○ Psychiatrics'/psychologist's clinics</li> </ul> </li> <li>▪ Students will be taken for field visits and they are required to submit reports for it.</li> </ul>			120

## **Question Paper Pattern for 60 Marks**

**Q1 Answer any two from the following questions**

**(16)**

1

2

3

4

**Q2. Answer any two from the following questions**

**(16)**

**Q3. Answer any two from the following questions**

**(16)**

**Q4. Answer in short (Any Three)**

**(12)**